



Nutrition Facts

Serving Size 1 Bar (37g)
 Servings Per Container 16

Amount Per Serving

Calories 120 Calories from Fat 30

% Daily Value*

Total Fat 3g **5%**
 Saturated Fat 0.5g **3%**
 Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 125mg **5%**

Total Carbohydrate 24g **8%**

Dietary Fiber 3g **10%**

Sugars 11g

Protein 2g

Vitamin A 15% • Vitamin C 0%

Calcium 20% • Iron 10%

Thiamin 15% • Riboflavin 25%

Niacin 25% • Vitamin B₆ 25%

Zinc 10%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories 2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4