



Nutrition Facts:

Serving Size: 5.75 OZ (161 g)

Calories / Calories from Fat:	460 / 160
	% Daily Value **
Total Fat 18 g	28%
Saturated Fat 4.5 g	23%
Trans Fat 0 g	
Cholesterol 45 mg	15%
Sodium 680 mg	28%
Total Carbohydrate 56 g	19%
Dietary Fiber 3 g	12%
Sugars 6 g	
Protein 18 g	
Vitamin A	2%
Vitamin C	8%
Calcium	8%
Iron	20%

** Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.