



Nutrition Facts:

Serving Size: 7.60 OZ (213 g)

Servings Per Container: 1

Calories / Calories from Fat: 430 / 90

% Daily Value **

Total Fat 10 g 15%

Saturated Fat 3.5 g 18%

Trans Fat 0 g

Cholesterol 30 mg 10%

Sodium 1570 mg 65%

Total Carbohydrate 57 g 19%

Dietary Fiber 2 g 8%

Sugars 9 g

Protein 28 g

Vitamin A 4%

Vitamin C 0%

Calcium 15%

Iron 30%

** Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.