



Nutrition Facts

Serving Size: 1 serving (236g)

Amount Per Serving

Calories 170 Calories from Fat 40

% Daily Values*

Total Fat 5g	8%
Saturated Fat 3g	15%
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 105mg	4%
Potassium 0mg	
Total Carbohydrate 25g	8%
Dietary Fiber 0.5g	2%
Sugars 25g	
Other Carbohydrate 0g	

Protein 8g

Vitamin A 10% Vitamin C 2%

Calcium 25% Iron 0%

*Percent Daily Values are based on a 2000 calorie diet.
Your daily values may be higher or lower depending on your calorie needs.